

# Ruler Quilting Class

## Supplies you need to bring:

1. Sewing machine with a ruler foot for your machine. Please check your machine manual to find out if you need a high shank or low shank ruler foot and purchase your machine-specific ruler foot.
2. The ability to lower feed dogs is a must. Helpful also is the “needle down” position.
3. Quilting rulers. One straight and one curved (sort of like a protractor in shape.) These rulers are ¼” thick acrylic.
4. Gloves...whichever you find best to use when you quilt.
5. Fabric Sandwiches. Make 10. Use plain color cotton/muslin. I made mine 12” x12”.
6. Thread. In class, Julia provided us with Glide Thread, 40 weight, polyester for the class. For practice pieces, use any thread in a bright or contrasting color so you can see what you’ve sewn!
7. Marking pen. Air erasable. (for practice, use a sharpie)

## Resources to help you with ruler quilting:

1. Julia Quiltoff’s book: Free Motion Fillers. Available on her website: [www.juliaquiltoff.com](http://www.juliaquiltoff.com)
2. Julia has amazing instructional videos on her YouTube channel. Julia Quiltoff
3. Julia sells quilting rulers on her website also. Great quality. Also follow her on Facebook for design ideas and inspiration!
4. Angela Walters also sells quality quilting rulers, “Creative Grids”. Her website is: [www.quiltingismytherapy.com](http://www.quiltingismytherapy.com)
5. Westalee Design also has rulers and videos. Website: [www.sewsteady.com](http://www.sewsteady.com)
6. Quilter’s Select Rulers. Website: [www.qualitysewing.com](http://www.qualitysewing.com)
7. Zentangle. Website: [www.zentangle.com](http://www.zentangle.com) Excellent practice for the free form portion of your designs. Using dots, lines, simple curves and practicing “doodling” on paper, really helps your muscle memory when quilting.

