

NICU Project

- Use a good quality flannel in two different prints. At least one should be light colored enough so the black laundry marking show.
- Wash fabric in HOT water and dried in a hot dryer to manage shrinkage.
- Using two layers of flannel, right sides together, cut 10 1/2" x12 1/2" rectangles. PLEASE DO NOT PIECE these rectangles.
- The bulk of the seams is a problem.
- Stitch a 1/4" seam around the edges, right sides together, leaving an opening to turn
- Trim the corners, turn right side out
- Press flat, turning in the seam allowance at the opening
- Stitch around very close to the edge. Back stitch your starts and stops, trim all thread tails
- Stitch around a second time 1/4" from the first stitching
- Stitch both diagonals
- Give it a final press