

Kawandi, which translates to quilt, is a unique hand-stitched art form that involves assembling scraps of fabric, including saris, working from the outside edge of the quilt into the center. Unlike traditional quilting methods, Kawandi involves layering fabric pieces onto a backing and thin batting after the outside edges have been turned under. The piecing and quilting are done simultaneously by hand stitching in a spiral fashion around the perimeter of the piece working from the edge into the center of the piece, with the four corners established first. Phulas (flowers), which resemble raw edge prairie points, are added in the beginning at each corner. Kawandi is a wonderful style to document the memories and special events of life using fabrics and colors of your life. The use of batiks and heavy weight fabrics is discouraged for this style of quilt.

KAWANDI WORKSHOP SUPPLY LIST

- One 22" x 22" piece of lightweight fabric for backing (no batiks or heavyweight fabrics)
- One 21" x 21" square, thin batting or loosely woven fabric
- Fabric scraps cut or torn at least 3" wide by varying lengths. To make the process interesting and engaging, please include random scraps of many different sizes, colors and textures. Lightweight fabrics will make it easier to stitch through multiple layers of fabrics. Add some shot cottons, plaids, prints and stripes to the mix. Be sure to add a scrap from a memorable project or personal clothing item. It's also fun to exchange fabrics with friends.
- 12 weight thread: White, ecru or color of your choice for piecing/quilting. I used Wonderfil Specialty Thread — Spaghetti. Sashiko thread and other 12 weight threads will work also.
- Neutral color thread for basting
- Fabric scissors
- Thimble
- Needle grabber (optional)
- Embroidery or Chenille Needles to use with the 12 weight thread. I used #22 and #24 Chenille needles. You will be hand quilting through multiple layers of fabric
- Prior to the workshop, please fold to the wrong side and press 1/2" of your backing fabric on all four sides. Place the 21" x 21" piece of batting on the wrong side of the backing square and under the folded/pressed edges. Base through the layers approximately 3/8" around all four sides. Having this done will give more time for beginning your Kawandi.

If you have questions, please feel free to contact me.

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